

FALCON GYMNASTICS CLUB

Coronavirus support - working together to stay safe

Falcon Gymnastics Club acts in accordance with the British Gymnastics guide document dated 19 July 2021, to ensure we reduce the risk of transmission of COVID-19 within the club environment:

<https://www.british-gymnastics.org/gymnastics-guidance-from-the-19th-july-england-only>

For additional information and support, please see [UK Government](#) and the [Department for Education's Actions for Out of Schools Settings Step 4](#) and <https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/schools-covid-19-operational-guidance#attendance>

Please note these documents are subject to change and are continually evolving. Please ensure you are familiar with the latest Government information on COVID-19 by clicking on the above links.

Lifting restrictions does not mean the risks from COVID-19 have disappeared. Instead, it marks a new phase in the Government's response to the pandemic, during which people need to manage the risks to themselves and others as the country learns to live with the virus. COVID-19 has not gone away, so it's important to remember the actions you can take to [keep yourself and others safe](#). Everybody needs to continue to act carefully and remain cautious.

It is still law to self-isolate if you develop COVID-19 symptoms.

If someone from Falcon Gymnastics Club develops COVID-19 symptoms, they should self-isolate immediately and get a [PCR test](#), even if their symptoms are mild. They should self-isolate at home while they book a test and wait for the results. They must self-isolate if they test positive. The isolation period includes the day the symptoms started (or the day the test was taken if they do not have symptoms), and the next 10 full days. This is the law.

Birthday parties and Holiday clubs are allowed to take place. There are no longer any capacity, ventilation, social distancing, or legal gathering limits that must be adhered to.

Should you wish to contact us regarding how we manage any of our COVID-19 processes or procedures, please email info@falcongym.com.

This document was reviewed and updated 27.11..2021